



*Improving outcomes for people
with developmental disabilities*

❖ Directory of Regional Centers & Advocacy Resources

■ **Regional Centers:** Under the Lanterman Developmental Disabilities Act, Regional Centers are private agencies that contract with the California Department of Developmental Services to fund and coordinate services for individuals with developmental disabilities. Twenty-one Regional Centers serve the state of California. Call the Regional Center Case Coordinator if your patient needs social services or advocacy.

■ **Office of Clients Rights Advocacy:** The Office of Clients Rights Advocacy (OCRA) is a statewide office run by Disability Rights California, through a contract with the California Department of Developmental Services. The OCRA provides consultation, direct representation, and training to individuals with developmental disabilities and their families. For individuals living in facilities, the OCRA can also investigate complaints and assure compliance with the law. Contact OCRA if your patient is a Regional Center client and needs advocacy support in order to access services or negotiate with the Regional Center.

■ **Disability Rights California:** Formerly known as Protection & Advocacy, Inc., Disability Rights California (DRC) is a non-profit organization that provides legal advocacy for individuals with developmental disabilities and/or mental health disabilities. Services are provided free of charge. Contact DRC if your patient is not a Regional Center client and their health and safety is at risk or if you have identified a systems problem that place your patient's with disabilities at risk.

■ **Area Boards:** Area Boards monitor the Regional Center system to ensure the legal, civil, and service rights of individuals with developmental disabilities. Responsibilities include: local advocacy, capacity building, and systemic change activities. Area Boards are federally funded through the offices of the California State Council on Developmental Disabilities. Call the Area Board if you have a concern about your Regional Center.

■ **Adult Protective Services:** Each county has an APS agency to help elder adults (65 years and older) and dependent adults (18-64 who are disabled), when these adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation. Contact Adult Protective Services if your patient's health and safety is in danger.

■ SAN FRANCISCO/BAY AREA

REGIONAL CENTER	DISABILITY RIGHTS CALIFORNIA	OFFICE OF CLIENT'S RIGHTS ADVOCATE	AREA BOARD	ADULT PROTECTIVE SERVICES ABUSE HOTLINE
<p>Alameda and Contra Costa Regional Center of the East Bay 7677 Oakport Street, Suite 300 Oakland, CA 94621 Tel: (510) 383-1200; Fax: (510) 633-5022 www.rceb.org</p>	<p>Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154</p>	<p>1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1280 Fax: (510) 267-1281</p>	<p>Area Board 5 1515 Clay Street, Suite 300 Oakland, CA 94612 Tel: (510) 286-0439 Fax: (510) 286-4397</p>	<p>Alameda: (866) 225-5277 Contra Costa: (877) 839-4347 (925) 646-2854</p>
<p>Marin Golden Gate Regional Center 5725 Paradise Drive, Bldg. A, Suite 100 Corte Madera, CA 94925 Tel: (415) 945-1600; Fax: (415) 945-1630 www.ggrc.org</p>	<p>Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154</p>	<p>35 Mitchell Blvd, Suite 9 San Rafael, CA 94903 Tel: (415) 499-9724 Fax: (415) 499-9728</p>	<p>Area Board 5 1515 Clay Street, Suite 300 Oakland, CA 94612 Tel: (510) 286-0439 Fax: (510) 286-4397</p>	<p>Marin: (415) 507-2774</p>
<p>Napa, Solano, and Sonoma North Bay Regional Center 10 Executive Court, Suite A Napa, CA 94558 Tel: (707) 256-1100 TDD: (707) 257-0213 Fax: (707) 256-1112 www.nbrc.net</p>	<p>Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154</p>	<p>25 Executive Court Napa, CA 94558 Tel: (707) 224-2798 Fax: (707) 255-1567</p>	<p>Area Board 4 236 Georgia Street, Ste 201 Vallejo, CA 94590 Tel: (707) 648-4073 Fax: (707) 648-4100</p>	<p>Napa: (888) 619-6913 Solano: (800) 850-0012 Sonoma: (800) 667-0404</p>
<p>San Francisco Golden Gate Regional Center 875 Stevenson Street – 6th Floor San Francisco, CA 94103 (415) 546-9222; Fax: (415) 546-9203 www.ggrc.org</p>	<p>Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154</p>	<p>35 Mitchell Blvd, Suite 9 San Rafael, CA 94903 Tel: (415) 499-9724 Fax: (415) 499-9728</p>	<p>Area Board 5 1515 Clay Street, Suite 300 Oakland, CA 94612 Tel: (510) 286-0439 Fax: (510) 286-4397</p>	<p>San Francisco: Toll Free: (800) 814-0009 Local Calls: (415) 557-5230</p>
<p>San Mateo Golden Gate Regional Center 3130 La Selva Street, Suite 202 San Mateo, CA 94403 (650) 574-9232; Fax: (650) 345-2361 www.ggrc.org</p>	<p>Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154</p>	<p>35 Mitchell Blvd, Suite 9 San Rafael, CA 94903 Tel: (415) 499-9724 Fax: (415) 499-9728</p>	<p>Area Board 5 1515 Clay Street, Suite 300 Oakland, CA 94612 Tel: (510) 286-0439 Fax: (510) 286-4397</p>	<p>San Mateo: (800) 675-8437</p>

Monterey, San Benito, Santa Clara, and Santa Cruz San Andreas Regional Center 300 Orchard City Drive, Suite 170 Campbell, CA 95008 Tel: (408) 374-9960 Fax: (408) 376-0586 www.sarc.org	Bay Area Regional Office 1330 Broadway, Suite 500 Oakland, CA 94612 Tel: (510) 267-1200 TTY: (800) 649-0154	300 Orchard City Dr., Suite 170 Campbell, CA 95008 Tel: (408) 374-2470 Fax: (408) 374-2956	Area Board 7 2580 North First Street, Suite 240 San Jose, CA 95131 Tel: (408) 324-2106 Fax: (408) 324-2108	Monterey: (800) 960-0010 San Benito: (831) 636-4190 Santa Clara: (800) 414-2002 Santa Cruz: (866) 580-4357
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■ **NORTHERN CALIFORNIA**

REGIONAL CENTER	DISABILITY RIGHTS CALIFORNIA	OFFICE OF CLIENT'S RIGHTS ADVOCATE	AREA BOARD	ADULT PROTECTIVE SERVICES ABUSE HOTLINE
Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba Alta California Regional Center 2135 Butano Drive Sacramento, CA 95825 Tel: (916) 978-6400 TDD: (916) 978-6286 Fax: (916) 929-1036 www.altaregional.org	Sacramento Regional Office 100 Howe Ave., Suite 235N Sacramento, CA 95825 Tel: (916) 488-9950 TTY: (800) 719-5798	100 Howe Avenue, Suite 240N Sacramento, CA 95825 Tel: (916) 575-1615 Fax: (916) 575-1623	Area Board 3 1507 21 st Street, Suite 220 Sacramento, CA 95814 Tel: (916) 324-7426 Fax: (916) 324-7621	Alpine: (888) 755-8099 Colusa: (530) 458-0280 El Dorado: (800) 925-1812 Nevada: (800) 339-7248 Placer: (888) 886-5401 Sacramento: (916) 874-9377 Sierra: (530) 289-3720 Sutter: (530) 822-7227 Yolo: (888) 675-1115
Amador, Calaveras, San Joaquin, Stanislaus, and Tuolumne Valley Mountain Regional Center 702 North Aurora Street Stockton, CA 95202 Tel: (209) 473-0951 Fax: (209) 473-0256 www.vmrc.net	Sacramento Regional Office 100 Howe Ave., Suite 235N Sacramento, CA 95825 Tel: (916) 488-9950 TTY: (800) 719-5798	702 North Aurora Street Stockton, CA 95202 Tel: (209) 955-3329 Fax: (209) 462-7020	Area Board 6 2529 March Lane, Suite 105 Stockton, CA 95207-8270 Tel: (209) 473-6930 Fax: (209) 473-6932	Amador: (209) 223-6550 Calaveras: (209) 754-6500 San Joaquin: (888) 800-4800 Stanislaus: (800) 336-4316 Tuolumne: (209) 533-4357
Butte, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama, and Trinity Far Northern Regional Center 1900 Churn Creek Road, #319 Redding, CA 96002 Tel: (530) 222-4791 Fax: (530) 222-8908 www.farnorthernrc.org	Sacramento Regional Office 100 Howe Ave., Suite 235N Sacramento, CA 95825 Tel: (916) 488-9950 TTY: (800) 719-5798	1280 East 9 th Street, Unit E Chico, CA 95928 Tel: (530) 345-4113 Fax: (530) 345-4285	Area Board 2 1367 E. Lassen Avenue, B3 Chico, CA 95973 Tel: (530) 895-4027 Fax: (530) 899-1562	Butte: (800) 664-9774 Glenn: (530) 934-6520 Lassen: (530) 251-8158 Modoc: (530) 233-6501 Plumas: (530) 283-6471 Shasta: (530) 225-5798 Siskiyou: (530) 842-7009 Tehama: (800) 323-7711 Trinity: (530) 623-1314

REGIONAL CENTER	DISABILITY RIGHTS CALIFORNIA	OFFICE OF CLIENT'S RIGHTS ADVOCATE	AREA BOARD	ADULT PROTECTIVE SERVICES ABUSE HOTLINE
Del Norte, Humboldt, Mendocino, and Lake Redwood Coast Regional Center 525 Second Street, Suite 300 Eureka, CA 95501 Tel: (707) 445-0893; Fax: (707) 444-3409 www.redwoodcoastrc.org	Sacramento Regional Office 100 Howe Ave., Suite 235N Sacramento, CA 95825 Tel: (916) 488-9950 TTY: (800) 719-5798	525 Second Street, Suite 300 Eureka, CA 95501 Tel: (707) 445-0893 x 361 Fax: (707) 444-2563	Area Board 1 505 South State Street Ukiah, CA 95482 Tel: (707) 463-4700 Fax: (707) 463-4752	Del Norte: (707) 464-3191 Humboldt: (707) 476-2100 Mendocino: (877) 327-1799 (Ukiah); (877) 327-1677 (Fort Bragg) Lake: (800) 386-4090
Fresno, Kings, Madera, Mariposa, Merced, and Tulare Central Valley Regional Center 4615 North Marty Avenue Fresno, CA 93722-4186 Tel: (559) 276-4300; Fax: (559) 276-4360 www.cvrc.org	Fresno Regional Office 567 West Shaw, Suite C-3 Fresno, CA 93704 Tel: (559) 476-2000	4615 North Marty Fresno, CA 93722 Tel: (559) 271-6605 Fax: (559) 271-6606	Area Board 8 770 East Shaw Avenue, Suite 123 Fresno, CA 93710 Tel: (559) 222-2496 Fax: (559) 248-2886	Fresno: (800) 418-1426 Kings: (877) 897-5813 Madera: (559) 675-7839 Mariposa: (800) 266-3609 Merced: (209) 385-3105 Tulare: (800) 321-2462
Inyo, Kern, and Mono Kern Regional Center 3200 North Sillect Avenue Bakersfield, CA 93308 Tel: (661) 327-8531 TDD: (661) 327-1251 Fax: (661) 324-5060 www.kernrc.org	Sacramento Regional Office 100 Howe Ave., Suite 235N Sacramento, CA 95825 Tel: (916) 488-9950 TTY: (800) 719-5798	3200 North Sillect Ave Bakersfield, CA 93308 Tel: (661) 327-8531 x 313 Fax: (661) 322-6417	Area Board 12 13800 Heacock St, Suite C130 Moreno Valley, CA 92553 Tel: (951) 656-5078 Fax: (951) 656-3129	Inyo: (800) 841-5011 Kern: (800) 277-7866 Mono: (800) 340-5411

■ SOUTHERN CALIFORNIA

Central Los Angeles, including Burbank, Glendale, and Pasadena Frank D. Lanterman Regional Center 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010 Tel: (213) 383-1300 Fax: (213) 383-6526 www.lanterman.org	Los Angeles Regional Office 3580 Wilshire Boulevard, Suite 902 Los Angeles, CA 90010- 2512 Main: (213) 427-8747 TTY: (800) 781-4546	3580 Wilshire Blvd, Suite 925 Los Angeles, CA 90010 Tel: (213) 427-8761 Fax: (213) 427-8772	Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635	Los Angeles: (877) 477-3646
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<p>Eastern Los Angeles, including El Monte, Monrovia, Pomona, and Glendora San Gabriel/Pomona Regional Center 761 Corporate Center Drive Pomona, CA 91768 Tel: (909) 620-7722 Fax: (909) 622-5123 www.sgprc.org</p>	<p>Los Angeles Regional Office 3580 Wilshire Blvd., Suite 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546</p>	<p>3333 Brea Canyon Rd, Suite 118 Diamond Bar, CA 91765-3783 Tel: (909) 595-4755 Fax: (909) 595-4855</p>	<p>Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635</p>	<p>Los Angeles: (877) 477-3646</p>
<p>Imperial and San Diego San Diego Regional Center 4355 Ruffin Road, Suite 200 San Diego, CA 92123-1648 Tel: (858) 576-2996 Fax: (858) 576-2873 www.sdrc.org</p>	<p>San Diego Regional Office 1111 Sixth Ave., Suite 200 San Diego, CA 92101 Main: (619) 239-7861 TTY: (800) 576-9269</p>	<p>1111 Sixth Avenue, Suite 200 San Diego, CA 92101 Tel: (619) 239-7877 Fax: (619) 239-7838</p>	<p>Area Board 13 750 B Street, Suite 1830 San Diego, CA 92101 Tel: (619) 645-3000 Fax: (619) 645-3008</p>	<p>Imperial: (760) 337-7878 San Diego: (800) 339-4661</p>
<p>Northern Los Angeles, including San Fernando and Antelope Valleys North Los Angeles County Regional Center 15400 Sherman Way, Suite 170 Van Nuys, CA 91406-4211 Tel: (818) 778-1900 Fax: (818) 756-6140 www.nlacrc.org</p>	<p>Los Angeles Regional Office 3580 Wilshire Blvd., Suite 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546</p>	<p>15400 Sherman Way, Suite 300 Van Nuys, CA 91406 Tel: (818) 156-6290 Fax: (818) 756-6175</p>	<p>Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635</p>	<p>Los Angeles: (877) 477-3646</p>
<p>Orange County Regional Center of Orange County 801 Civic Center Drive West, Suite 100 Santa Ana, CA 92701 Tel: (714) 796-5100 Fax: (714) 541-1915 www.rcocdd.com</p>	<p>San Diego Regional Office 1111 Sixth Ave., Suite 200 San Diego, CA 92101 Main: (619) 239-7861 TTY: (800) 576-9269</p>	<p>13272 Garden Grove Blvd Garden Grove, CA 92843 Tel: (714) 621-0563 Fax: (714) 621-0550</p>	<p>Area Board 11 2000 E. Fourth Street, Suite 115 Santa Ana, CA 92705 Tel: (714) 558-4404 Fax: (714) 558-7704</p>	<p>Orange: (800) 451-5155</p>
<p>Riverside and San Bernardino Inland Regional Center 674 Brier Drive San Bernardino, CA 92408 Tel: (909) 890-3000 Fax: (909) 890-3001 www.inlandrc.org</p>	<p>San Diego Regional Office 1111 Sixth Ave., Suite 200 San Diego, CA 92101 Main: (619) 239-7861 TTY: (800) 576-9269</p>	<p>735 Carnegie Drive, Suite 150 San Bernardino, CA 92408-3588 Tel: (909) 890-4798 Fax: (909) 890-0996</p>	<p>Area Board 12 13800 Heacock St, Suite C130 Moreno Valley, CA 92553 Tel: (951) 656-5078 Fax: (951) 656-3129</p>	<p>Riverside: (800) 491-7123 San Bernardino: (877) 565-2020</p>

REGIONAL CENTER	DISABILITY RIGHTS CALIFORNIA	OFFICE OF CLIENT'S RIGHTS ADVOCATE	AREA BOARD	ADULT PROTECTIVE SERVICES ABUSE HOTLINE
San Luis Obispo, Santa Barbara, and Ventura Tri-Counties Regional Center 520 East Montecito Street Santa Barbara, CA 93103-3274 Tel: (800) 322-6994 or (805) 962-7881 Fax: (805) 884-7229 www.tri-counties.org	Los Angeles Regional Office 3580 Wilshire Blvd, Ste 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546	520 East Montecito Street Santa Barbara, CA 93103 Tel: (805) 884-7297 (805) 884-7218 (800) 322-6994 x 218 Fax: (805) 884-7219	Area Board 9 200 East Santa Clara Street Ventura, CA 93001 Tel: (805) 648-0220 Fax: (805) 648-0226	San Luis Obispo: (805) 781-1790 Santa Barbara: (805) 681-4550 Ventura: (805) 654-3200
Southern Los Angeles, including Bellflower, Harbor, Long Beach, Torrance Harbor Regional Center 21231 Hawthorne Boulevard Torrance, CA 90503 Tel: (310) 540-1711; Fax: (310) 540-9538 www.harborrc.org	Los Angeles Regional Office 3580 Wilshire Blvd, Ste 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546	13017 Artesia Blvd., Suite D124 Cerritos, CA 90703 Tel: (562) 623-9911 Fax: (562) 623-9929	Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635	Los Angeles: (877) 477-3646
Southern Los Angeles, including Compton and Gardena South Central Los Angeles Regional Center 650 West Adams Boulevard, Ste 200 Los Angeles, CA 90007-2545 Tel: (213) 744-7000 Fax: (213) 744-7068 www.sclarc.org	Los Angeles Regional Office 3580 Wilshire Blvd, Ste 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546	4401 S. Crenshaw Blvd Suite 316 Los Angeles, CA 90043-1200 Tel: (323) 292-9907 Fax: (323) 293-4259	Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635	Los Angeles: (877) 477-3646
Western Los Angeles, including Culver City, Inglewood, and Santa Monica Westside Regional Center 5901 Green Valley Circle, Suite 320 Culver City, CA 90230-6953 Tel: (310) 258-4000 Fax: (310) 649-1024 www.westsiderc.org	Los Angeles Regional Office 3580 Wilshire Blvd., Suite 902 Los Angeles, CA 90010-2512 Main: (213) 427-8747 TTY: (800) 781-4546	5901 Green Valley Circle, Suite 410 Culver City, CA Tel: (310) 258-4205 Fax: (310) 338-9716	Area Board 10 411 North Central Ave, Suite 620 Glendale, CA 91203-2020 Tel: (818) 543-4631 Fax: (818) 543-4635	Los Angeles: (877) 477-3646

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