



Getting Ready for My Visit

Name:

Date of Birth:

Phone Number:

*If you need more space, use the back of this form.

VISIT

My visit is with:

Visit date and time:

Address:

Phone:

How am I going to get there? What supports do I need?

WHAT TO BRING

- ① Medications: Bring all pills I am taking, including vitamins.
- ② Insurance cards
- ③ My health notebook with logs or tracking forms
- ④ Copies of notes, reports, tests, or labs ordered by other doctors
- ⑤ A calendar for scheduling my next appointment

☐ Other:

REASON FOR VISIT

What do I want to talk about today?

What happened since my last visit?

- | | |
|--|--|
| ☐ I've been fine | ☐ I was sick |
| ☐ I started a new treatment | ☐ I stopped an old treatment |
| ☐ I have seen another doctor or nurse | ☐ I have had tests done |
| ☐ I have been to the emergency room or hospital | ☐ I have had changes in caregivers or |
| ☐ Other: | |

What do I need explained?

I have questions about: ☐ Eating healthy ☐ Exercising ☐ My feelings ☐ My medications
☐ My teeth ☐ Pain ☐ Sexual health ☐ Other:

My questions are:

Do I need any refills or paperwork? ☐ Yes ☐ No

Who needs to be told about the results of this visit?

Name:

Tel:

Revised: 11.15.13