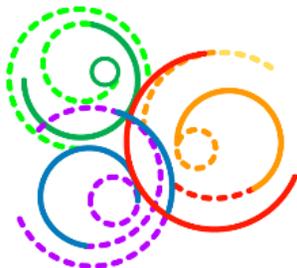


The logo consists of several overlapping, dashed white circles of varying sizes, some containing smaller solid circles, creating a stylized, abstract design.

Office of  
Developmental  
Primary Care

A photograph of two women sitting in wheelchairs outdoors. The woman in the foreground is smiling broadly, wearing a black cardigan, a patterned top, and a white bag. The woman in the background is wearing a blue shirt and sunglasses. They are sitting on a gravel path with a wooden fence and trees in the background.

# annual report 2018



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# From the Director



The Office of Developmental Primary Care is a program of the UCSF Department of Family and Community Medicine. **Our vision is to ensure that all people with developmental disabilities have access to the health care services they need to maximize their wellness and function.** For over a decade, we have occupied a unique niche.

The Office of Developmental Primary Care focuses on serving transition age youth and adults with developmental disabilities. We partner with self-advocates and other stakeholders to create tools, curriculum and resources which apply social and neurodiversity models of disability to the practice of medicine.

We have built a team with deep expertise. We have worked across agencies to identify and solve system problems. We have developed the service and health professional workforce through our training activities and technical assistance. Most importantly, our models of care for people with the most complex needs have been so successful that they are now being scaled throughout the state. Our materials are influencing medical education across the country and beyond.

During the 2017-18 fiscal year, we did what we do best—we supported our Regional Center partners by putting evidence into practice. Our trainings reached audiences across Northern California. Our mobile consult team served people transitioning from Sonoma and Porterville Developmental Centers into the community and those at risk of losing their housing due to their complex needs. We found practical solutions for complex problems, and improved the way doctors and hospitals interact with people with disabilities.

As California continues to close its remaining institutions for people with developmental disabilities, there is an urgent need to build the capacity of the health care system to deliver health care services for people with complex needs. Access to quality health care is at the core of successful community living. We look forward to continuing our work in supporting the needs of people with disabilities.

Yours in partnership,

*Clarissa Kripke, MD, FAAFP*  
Director, Developmental Primary Care

# The CART Model

The Office of Developmental Primary Care is a key component of the CART Model: Clinical Services, Advocacy, Research, and Training and Technical Assistance. The CART Model was developed in 2006 as part of a grassroots initiative.

## Enhanced Primary Care

- Primary Care
- Care Coordination

## CART Services

- **C**linical Services (Consult/Assessment)
- **A**dvocacy (Policy)
- **R**esearch
- **T**raining & Technical Assistance



## Health Advocacy Services

- Medical Case Management
- Patient and Caregiver Support
- Supported Decision-Making
- Transition Support
- Wellness

## Yearly Health Assessment

- Health Surveillance Data Collection
- Independent Comprehensive
- Assessment and Recommendations

# Our Current Team

Clarissa Kripke, MD, FAAFP  
Director

Patricia Mejía  
Program Manager/Community Liaison

Jo Cummins  
Program Coordinator

# Past CART Team Members

Gerri Collins-Bride, RN, MS, ANP, FAAN  
Director of Training & Clinical Education

Eva Ilhe, MD, PhD  
Consultant Team Psychiatrist

Zoe Collins, PsyD  
Team Clinical Psychologist

# Our Funders

The Office of Developmental Primary Care would not exist without the generous support of our funders:

- Alta California Regional Center
- Far Northern Regional Center
- Golden Gate Regional Center
- Redwood Coast Regional Center
- Health Plan of San Mateo
- Marin Idea Fund
- Stupski Foundation
- WITH Foundation

## Our Core Values

- All people with a developmental disability should have access to health services that maximize their wellness and function
- Health care for people with developmental disabilities is interdisciplinary, team-based care, with patients and caregivers at the center of the team
- All people, regardless of service need, can live successfully in the community
- We partner with self-advocates at all levels of our work



## Clinical Services

### Developmental Primary Care Practice

The Developmental Primary Care Practice provides intensive primary care services for **medically fragile or behaviorally complex transition age youth and adults with developmental disabilities**. Our services are available by special contract only. We serve patients living in group homes within an hour of UCSF's Parnassus Campus. All homes in the practice have nurse consultants and most have skilled nursing services as part of their program design. We look forward to expanding our services in FY2019.

**60** patients received in-home care

**15** community care homes

**4** counties, including Alameda, San Francisco, San Mateo and Marin



## Clinical Services

### CART Services

The CART Services Team, a mobile health care consult team, provided services to regional center clients, clinicians, family members and support professionals throughout northern California. The multidisciplinary team included experts in primary care, nursing, psychiatry, psychology and parent-to-parent support.

18 comprehensive assessments      2 caregiver assessments

37 focused consults      16 provider group consults

7 home staff consults



## Training

### Northern California Access to Care Initiative

The Northern California Access to Care Initiative is **designed to improve quality of care for transition age youth and adults in Northern California**. Funded by the WITH and Stupski Foundations, the initiative focuses on three basic areas of need: **communication, behavior support, and end of life planning**.

**18** trainings

**785** participants, including clinicians, nurses, Care Management Teams, health professions students, and Ethics Committee Members

**7** counties including Alameda, Contra Costa, Marin, Sacramento, San Francisco, San Mateo, and Santa Clara



## Training

### CART Services

CART Services provides trainings to **clinicians, health care professionals, self-advocates, caregivers and family members, Regional Center staff, and other service providers.** Training topics include **communication, health advocacy, improving access to care, successful community living, Supported Decision-Making and understanding aggression and self-injury.**

**10** trainings

**639** participants

**6** 3rd and 4th year medical students completed our two-week elective:  
Care of Adolescents & Adults with Developmental Disabilities



## Technical Assistance

### CART Services

CART Services offers phone and email consultations to clinicians and other health professionals, self-advocates, family members, caregivers, service providers, and other community members. Topics included requests for clinical consultations, referrals, and best practice resources.

**29** requests for consultation via phone or email

**18** from healthcare providers

**8** from family members, caregivers, self-advocates

**3** from community members

**2** from social workers



## Information & Resources

### CART Services

CART Services offers a range of resource materials, which are available on our website: <https://odpc.ucsf.edu/>. Materials include chart forms, tracking tools, practice pearls, advice from self-advocates, and in-depth guides on transition, communication, and sexuality.

**12** outreach events

**250** attendees

**3,500** resources were distributed at events held throughout Northern California

**2,000** website hits per month, on average

## DEVELOPMENTAL DISABILITIES: Update for Health Professionals

COURSE CO-CHAIRS

Lucy S. Crain, MD, MPH, FAAP

Geraldine Collins-Bride, MS, ANP, FAAN

# 17<sup>TH</sup>

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## Information & Resources

### CART Services

CART Services co-sponsored the **17th Annual UCSF Developmental Disabilities: An Update for Health Professionals Conference**. Held March 8-9, 2018, the focus of this year's interdisciplinary conference was Promoting Quality of Life for People with Developmental Disabilities. Presentation topics included advocacy, cerebral palsy, dementia, dental care, healthcare, health insurance, mental health, research and sexuality.

**17** presentations

**254** attendees, including healthcare providers, healthcare students, service providers, Regional Center clients and family members

**375,000** online views of the conference presentations



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