

???? (Resources in Chinese)

Language
English

Advocacy

Advice from Self-Advocates

???????????????????? [1] [1] (What I Wish My Doctor Know About the People Who Accompany Us to Our Appointments)

????????????????????Aspie [2]?????? [2] (What I Wish My Doctor Know About Me as a Person on the Autism Spectrum)

?????????????????? [3]?????????????? [3] (What I Wish My Doctor Know About Me as a Person with Sensory Sensitivities)

Communication Access

?????? [4]?????????????????? ??? [4] (Everybody Communicates: A Toolkit for Accessing Communication Assessments, Funding, and Accommodations)

Navigating Systems

???????????????? [5] (Directory of Regional Centers)

???? [6](Regional Centers)

???????????????????????????? [7]? (SSDI)

???? [8] (Special Education)

???????????? [9] (SSI for Children)

???????????????? [10] (SSI for Adults)

? [11]???????? [11] (Timely Access to Care)

Supported Health Care Decision-Making

[12]???????????????????????? [12] (Training Materials for Self-Advocates)

???????????????????????????? [13] (Training Materials for Parents and Supporters)

Sexuality and Sexual Health

?? [14] (Our Sexuality, Our Health: A Disabled Advocate's Guide to Relationships, Romance, Sexuality and Sexual Health)

Transition to Successful Community Living

?? [15] (What's Next?: A Self-Advocate's Guided Tour through Transition for Parents and Other Supporters)

Clinical

Chart Forms

- ???? [16] (Discontinued Therapies)
- ?????? [17] (Evaluation of Behavior Change)
- ???????? [18] (Interdisciplinary Health Care Team Chart)
- ???????? [19] (Interdisciplinary Health Care Team Form)
- ???????? [20](Medical Summary Sample)
- ?????? [21] (Nuerodevelopmental Profile Form)
- ?????? [22] (Nuerodevelopmental Profile Sample)

Tips for Organizing Visits

- ???? [23](Getting Ready for My Visit)
- ????? [24](Follow Up from My Visit)
- ???????? [25](Strategies to Organize Care)
- ???????? [26](Tips for a Successful Pelvic Exam)

Tracking Forms

- ???? [27] (Behavior Log)
- ???????? [28](Bowel Movement Standard)
- ???????? [29](Bowel Movement Visual)
- ???? [30] (Daily Food Diary)
- ?????? [31] (Daily Living Skills)
- ???????? [32] (Durable Medical Equipment)
- ???????? [33] (Intake Output Record)
- ???? [34] (Medication Administration Log)
- ???????? [35] (Medications and Treatments)
- ??? [36] (Menstruation Chart)
- ???????? [37] (Seizure Tracking Chart - Detailed)
- ???????? [38] (Seizure Tracking Chart Established)
- ???? [39] (Sleep Log)
- ?????? [40](Vital Signs Log)

evaluation-of-behavior-change

[18]

<https://odpc.ucsf.edu/%E7%A7%91%E9%9A%9B%E5%81%A5%E5%BA%B7%E8%AD%B7%E7%90%86%E5%B0%8F>

interdisciplinary-health-care-team-chart

[19]

<https://odpc.ucsf.edu/%E7%A7%91%E9%9A%9B%E5%81%A5%E5%BA%B7%E8%AD%B7%E7%90%86%E5%9C%98>

interdisciplinary-health-care-team-form

[20]

<https://odpc.ucsf.edu/%E9%86%AB%E7%99%82%E6%91%98%E8%A6%81%EF%BC%88%E6%A8%A3%E6%9C%AC>

summary-sample-0

[21]

[https://odpc.ucsf.edu/%E7%A5%9E%E7%B6%93%E7%99%BC%E5%B1%95%E8%BC%AA%E5%BB%93-](https://odpc.ucsf.edu/%E7%A5%9E%E7%B6%93%E7%99%BC%E5%B1%95%E8%BC%AA%E5%BB%93)

nerodevelopmental-profile-form

[22]

[https://odpc.ucsf.edu/%E7%A5%9E%E7%B6%93%E7%99%BC%E5%B1%95%E8%BC%AA%E5%BB%93-](https://odpc.ucsf.edu/%E7%A5%9E%E7%B6%93%E7%99%BC%E5%B1%95%E8%BC%AA%E5%BB%93)

neurodevelopmental-profile-sample

[23] <https://odpc.ucsf.edu/%E6%BA%96%E5%82%99%E6%87%89%E8%A8%BA>

[24] <https://odpc.ucsf.edu/%E7%B4%84%E8%A8%BA%E5%BE%8C%E8%B7%9F%E9%80%B2>

from-my-visit

[25]

[https://odpc.ucsf.edu/%E7%B5%84%E7%B9%94%E8%AD%B7%E7%90%86%E7%9A%84%E7%AD%96%E7%95%A5-](https://odpc.ucsf.edu/%E7%B5%84%E7%B9%94%E8%AD%B7%E7%90%86%E7%9A%84%E7%AD%96%E7%95%A5)

strategies-to-organize-care

[26]

[https://odpc.ucsf.edu/%E6%88%90%E5%8A%9F%E7%9B%86%E8%85%94%E6%AA%A2%E6%9F%A5%E7%9A%84%](https://odpc.ucsf.edu/%E6%88%90%E5%8A%9F%E7%9B%86%E8%85%94%E6%AA%A2%E6%9F%A5%E7%9A%84)

tips-for-a-successful-pelvic-exam

[27] <https://odpc.ucsf.edu/%E8%A1%8C%E7%82%BA%E7%B4%80%E9%8C%84>

[28]

<https://odpc.ucsf.edu/%E5%A4%A7%E4%BE%BF%E5%9C%96%E8%A1%A8%EF%BC%88%E6%A8%99%E6%BA%96>

movement-standard

[29]

<https://odpc.ucsf.edu/%E5%A4%A7%E4%BE%BF%E5%9C%96%E8%A1%A8%EF%BC%88%E8%A6%96%E8%A6%BA>

movement-visual

[30] <https://odpc.ucsf.edu/%E6%AF%8F%E6%97%A5%E9%A3%9F%E8%AA%8C>

[31] [https://odpc.ucsf.edu/%E6%97%A5%E5%B8%B8%E7%94%9F%E6%B4%BB%E8%83%BD%E5%8A%9B-](https://odpc.ucsf.edu/%E6%97%A5%E5%B8%B8%E7%94%9F%E6%B4%BB%E8%83%BD%E5%8A%9B)

daily-living-skills

[32]

[https://odpc.ucsf.edu/%E8%80%90%E7%94%A8%E9%86%AB%E7%99%82%E8%A8%AD%E5%82%99%E7%B4%80%](https://odpc.ucsf.edu/%E8%80%90%E7%94%A8%E9%86%AB%E7%99%82%E8%A8%AD%E5%82%99%E7%B4%80)

durable-medical-equipment

[33]

<https://odpc.ucsf.edu/%E8%BC%B8%E5%85%A5%EF%BC%8F%E8%BC%B8%E5%87%BA%E7%B4%80%E9%8C%84>

intake-output-record

[34] <https://odpc.ucsf.edu/%E6%9C%8D%E8%97%A5%E7%B4%80%E9%8C%84>

log-0

[35]

[https://odpc.ucsf.edu/%E8%97%A5%E7%89%A9%E5%92%8C%E6%B2%BB%E7%99%82%E7%B4%80%E9%8C%84-](https://odpc.ucsf.edu/%E8%97%A5%E7%89%A9%E5%92%8C%E6%B2%BB%E7%99%82%E7%B4%80%E9%8C%84)

medications-and-treatments

[36] <https://odpc.ucsf.edu/%E6%9C%88%E7%B6%93%E8%A1%A8>

[37]

<https://odpc.ucsf.edu/%E7%99%BC%E4%BD%9C%E8%BF%BD%E8%B9%A4%E8%A1%A8%EF%BC%88%E8%A9%B>

tracking-chart-detailed-0

[38]

<https://odpc.ucsf.edu/%E7%99%BC%E4%BD%9C%E8%BF%BD%E8%B9%A4%E8%A1%A8%EF%BC%88%E8%A8%A>

tracking-chart-established

[39] <https://odpc.ucsf.edu/sleep-log-chin>

[40] [https://odpc.ucsf.edu/%E4%B8%BB%E8%A6%81%E4%BF%A1%E8%99%9F%E7%B4%80%E9%8C%84-](https://odpc.ucsf.edu/%E4%B8%BB%E8%A6%81%E4%BF%A1%E8%99%9F%E7%B4%80%E9%8C%84)

vital-signs-log