

# Developmental Disabilities: Update for Health Professionals





#### **COURSE CO-CHAIRS**

#### Clarissa Kripke, MD

Clinical Professor of Family and Community Medicine Director, Office of Developmental Primary Care University of California San Francisco

John I. Takayama, MD, MPH
Professor of Pediatrics
University of California San Francisco

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, San Francisco Department of Public Health, and the California Department of Developmental Services.

Photos: © Mark Hunt / DesignPics and @ChanyenCham / istockphotos



22nd Annual

## Developmental Disabilities: Update for Health Professionals

LIVE STREAM CONFERENCE

This interdisciplinary conference offers an update for clinicians who care for children, youth, and adults with developmental disabilities and complex health care needs. Due to continuing concerns with the COVID 19 pandemic, we will continue the live stream format, employing a live stream webinar and user-friendly interactive virtual platforms. The live presentations will be recorded and made available for 30 days so you can review any content as needed. As in

...we welcome families and individuals with developmental disabilities...

past pre-pandemic conferences, non-profit exhibitors will be available to provide resources to help you to deliver more informed care for patients and clients of all ages.

Our expert faculty will address topics of interest to pediatricians, family physicians, nurse

clinicians, psychologists, internists and others who are involved in the health care of children and adults with developmental disabilities. This year's conference features discussions on conservatorship reform, trauma informed care, mental health supports, deprescribing antipsychotic medications, and emergency planning to adapt to climate change. While the conference is designed and accredited for health care professionals, we welcome families and individuals with developmental disabilities to also attend.

This activity is developed by a community planning and advisory committee made up of self-advocates and representatives from the following agencies: UCSF, Stanford University, The Arc San Francisco, Golden Gate Regional Center, East Bay Regional Center, State Council on Developmental Disabilities, Support for Families, WITH Foundation, the San Francisco Department of Public Health, and the California Department of Developmental Services.

THUR	SDAY, MARCH 2, 2023	
7:30 am	Morning Check-in	
7:50	Welcome and Course Overview	Clarissa Kripke, MD John I. Takayama, MD, MPH
8:00	Initiatives in Action: Current Events, Education, and Employment	Wendy Tobias, CRC, LPCC
8:20	Keynote Lecture: Improving Access to Care	Hoangmai Pham, MD, MPH
8:50	Q & A	
9:00 9:40	Developmental Screening in Communities of Color Improving Health Care Access for Black and Spanish-speaking People with Down Syndrome Q & A	Michelle B. Blakely, MA Brian Skotko, MD, MPP and Albert W. Pless, Jr.
10:20 10:35	Break, Exhibits	
10:55	Update on the State of California's Mental and Behavioral Health Services	Lauren Libero, PhD and Lucy Esralew, PhD
11:35	Q & A	
11:45	Recess for Lunch	Andia ludaan
1:15 pm	Conservatorship Reform in California: Moving Forward	Andie Judson
2:00 2:15	Q & A Impact of Covid-19 on Patients and Families	Tauna Szymanski, JD, MPA
2:45	Impact of Covid-19 on the Long-term Care Workforce	Kezia Scales, PhD
3:15	Q & A	
3:25	Break, Exhibits	Tanas E Franklish MD MC FAAD
3:40	Unpacking ADHD: The Impact of Co-Occurring Conditions on ADHD Assessment and Treatment Q & A	Tanya E. Froehlich, MD, MS, FAAP
4:10 ANNI IAI	SHRIVER LECTURE & AWARD	
4:20	Introduction	
4:25	Disability Voices United	Judy Mark, MA
4:55	Q & A	
5:00 pm	Course Adjourns	
FRIDA	AY, MARCH 3, 2023	
7:45 am	Morning Check-in	
7:50	Welcome and Daily Overview	
8:00	Neurodiversity and Trauma	Heather M. Brown, PhD, MEd
8:35 8:45	Q & A Developmental Disabilities and Co-Occurring	Cari Vardlay, PayD
9:15	Mental Health Conditions  O & A	Cari Yardley, PsyD
9:20	Emerging Infectious Diseases	Yvonne (Bonnie) Maldonado, MD
9:50	Q & A	(======================================
10:00	Break, Exhibits	
10:15	Healthcare Transition: CA Children's Services Care Coordination Program	Judy Bachman, PT, Cindy Ullmann, OTR/L and Kris White, PT, MS-HCA
10:45 10:55	Q & A  Dental Pearls for Patients with Developmental  Disabilities	Jean Calvo, DDS, MPH
11:15	Medical Mobility Equipment Update	Judy Bachman, PT and Lisa Rivera, MPT
11:35	Q & A	
11:45	Recess for Lunch	
	TING EDGE	Double Manage DLD and Danaka with
1:00 pm	Creating a Brain Implant to Restore Speech	David Moses, PhD and Pancho, with Margaret Seaton
1:40	Sensorimotor Control and Speech Impairment: A Model for Neurodevelopmental Disorders	Carly Demopoulos, PhD
2:20 2:30	Q & A  Down Syndrome: New Guidance for Care of Children and Adolescents	Marilyn J. Bull, MD, FAAP
3:10	Q & A	
3:15	Break, Exhibits	
3:30	Deprescribing of Psychotropic Medications	W. David Lohr, MD, DFAACAP, DFAPA
4:00	Q & A	Line Ward ARD M DU MO
4:05	Keynote Panel: Impact of Climate Change on People with Developmental Disabilities	Lisa Ward, MD, MsPH, MS, Espie Sorongon, RN, NP, and Anne French, MD
4.35	Ω & Δ	

4:35 Q & A 4:40 Closing Remarks 4:45 pm Course Adjourns

#### **COURSE CHAIRS**

Clarissa Kripke, MD
Professor of Family and
Community Medicine
Director, Office of Developmental
Primary Care, University of California
San Francisco

John I. Takayama, MD, MPH Professor of Pediatrics University of California San Francisco

#### **GUEST FACULTY**

Judy Bachman PT Manager, California Children's Services Medical Therapy Program City and County of San Francisco

Michelle B. Blakely, MA Deputy Director First 5 San Mateo County

**Heather M. Brown, PhD, MEd** Associate Professor of Education University of Alberta, Canada

Marilyn J. Bull, MD, FAAP Morris Green Professor Emeritus Department of Pediatrics Indiana University School of Medicine; Neurodevelopmental Pediatrician, Riley Hospital for Children

Lucille Esralew, PhD Senior Supervising Psychologist Office of Statewide Clinical Services Clinical Services Branch California Department of Developmental Services

Anne French, MD Family Physician Santa Rosa Community Health Tanya E. Froehlich, MD, MS, FAAP Director of Research, Division of

Developmental and Behavioral Pediatrics; Associate Director, Developmental and Behavioral Pediatrics Fellowship Cincinnati Children's Hospital Medical Center, Professor of Pediatrics, University of Cincinnati

Andie Judson Investigative/Special Projects Reporter ABC10, Sacramento, California

#### **GUEST FACULTY (CONT'D)**

Lauren Libero, PhD Autism Program Specialist California Department of Developmental Services

W. David Lohr, MD, DFAACAP, DFAPA

Professor of Pediatrics Division of Child & Adolescent Psychiatry and Psychology University of Louisville School of Medicine Medical Director DCBS, Kentucky Cabinet for Health and Family Services

Yvonne (Bonnie) Maldonado, MD
Senior Associate Dean for Faculty
Development and Diversity
Taube Endowed Professor of Global
Health and Infectious Diseases
Professor of Pediatrics and of
Epidemiology and Population Health
Chief, Division of Pediatric
Infectious Diseases
Stanford University School of
Medicine; Medical Director,
Infection Prevention and Control
and Attending Physician
Lucile Packard Children's
Hospital at Stanford

Judy Mark, MA
Co-founder and President,
Disability Voices United

Pancho Self-Advocate Boardmember, CommunicationFIRST

Hoangmai Pham, MD, MPH President, Institute for Exceptional Care

Albert W. Pless, Jr.
Director of Diversity, Equity,
and Inclusion
Town of Andover, Massachusetts
Lisa Rivera, MPT

LISA RIVETA, MPT
Physical Therapist
California Children's Services
Medical Therapy Program
City and County of San Francisco

**Kezia Scales, PhD**Vice President of Research & Evaluation, PHI

#### **GUEST FACULTY (CONT'D)**

Brian Skotko, MD, MPP
Emma Campbell Endowed Chair
on Down Syndrome
Massachusetts General Hospital
Director, Down Syndrome Program
Associate Professor, Harvard
Medical School

Espie Sorongon, RN, NP Administrator, NarAsol Home, Inc. San Francisco, CA

Tauna Szymanski, JD, MPA Executive Director and Legal Director CommunicationFIRST

Cindy Ullmann, OTR/L Senior Occupational Therapist CCS Medical Therapy Program City and County of San Francisco

Lisa Ward, MD, MsPH, MS Family Physician Regional Medical Director, Novato Clinics

Kris White, PT, MS-HCA Assistant Chief Therapist California Children's Services Alameda County

Cari Yardley, PsyD Program Manager, Adult System of Care Nevada County Behavioral Health

**UCSF FACULTY** 

Jean Calvo, DDS, MPH Assistant Professor of Orofacial Sciences

Carly Demopoulos, PhD
Assistant Professor of Psychiatry, and of Radiology

and of Radiology **David Moses, PhD**Postdoctoral Scholar, Department

of Neurological Surgery

Margaret Seaton

Clinical Research Coordinator,

Department of Neurological Surgery

Wendy Tobias, CRC, LPCC Chief Accessibility and Inclusion Officer Office of Diversity and Outreach University of California San Francisco

#### ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **13.75** *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

#### Nursino

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit*<sup>TM</sup> issued by organizations accredited by the ACCME.

#### Psychology

This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology. Psychologists from other states should check with their respective licensing boards.

#### **Physician Assistants**

AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit*™ from organizations accredited by the ACCME.

#### Licensed Clinical Social Workers and Marriage and Family Therapists

University of California, San Francisco School of Medicine (UCSF) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LCSWs, LMFTs, LPCCs, and/or LEPs. UCSF maintains responsibility for this program/course and its content.

Course meets the qualifications for **13.75** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Provider Number: 64239

No instructor or facilitator is permitted to promote or advocate for a single modality of treatment that is discriminatory or likely to harm clients, based upon current accepted standards of practice. All CAMFTcertified education must provide training on how to treat all clients in an ethically and clinically sound manner.



REGISTER TODAY

cme.ucsf.edu or call (415) 476-5808. For information, For early-bird registration, visit our website at

cancellations, concerns, or grievances related to the Medical Education at info@ocme.ucsf.edu or call course, contact the UCSF Office of Continuing

Jniversity of California

Photos: © Mark Hunt / DesignPics and @ChanyenCham / istockphotos

Printed on Recycled Paper

415) 476-4251

San Francisco • Box 0742 Office of CME

490 Illinois Street, Floor 8 San Francisco, CA 94143

#### Learning Objectives

An attendee completing this course will be able to:

- Improve systems of care for patients with disabilities with an increased awareness of social and cultural differences and disparities, structural bias, and implications for quality access to healthcare;
- 2. Describe regional and state organizations and current policies relevant to access to mental and behavioral services:
- List key tasks to assure effective health care transition from youth to adulthood and describe the importance of self-determination and self-advocacy;
- 4. Assess the impact of Covid-19, other emerging infections, and climate change on patients, families and healthcare workforce;
- 5. Screen for co-occurring conditions (i.e., dual diagnoses) and coordinate care with mental health services and community resources;
- 6. Distinguish the impact of traditional behavioral and strength-based approaches on the health care and education of neurodiverse populations;
- 7. Adopt practical skills to prevent, identify and manage dental complications in children, youth and adults with developmental disabilities;
- 8. Explain durable medical equipment needs for children and adults with cerebral palsy and other neurological disorders and recognize when and to whom to refer;
- Describe what experience and research holds for the future of communication therapy in neurodiverse populations;
- 10. Apply new national guidelines in the care of children, youth and adults with Down Syndrome;
- 11. Recognize the importance of deprescribing psychotropic medications and indicate when to do so.

### REGISTRATION • MOC23001 22nd Annual Developmental Disabilities: An Update for Health Professionals

March 2-3, 2023 · LIVE STREAM CONFERENCE

490 Illinois Street, Floor 8

San Francisco, CA 94143

Mail to: UCSF Office of CME



□ Dr. □ Ms. □ Mr. □ Mrs. □ Mx. LAST NAME FIRST МТ DEGREE SPECIALTY ADDRESS CITY STATE DAYTIME PHONE FAX **EMAIL** Address Label Code Letter (see address label: example, A, B, C, D, etc.) Would you like to be on our priority email list? ☐ Yes Rease indicate if you have any special needs: Registration Fees (Receipt/Confirmation will be mailed within two to four weeks): □ \$350 Practicing Physicians (\$450 if postmarked after 1/31/23) □ \$250 Nurses, Other Health Professionals, and Trainees (\$325 after 1/31/23) □ \$100 Community Members (no CE/CME credit) Make checks payable to UC Regents Please charge my credit card: ☐ Visa ☐ MasterCard ☐ American Express for \$\_\_\_\_\_

Register online: cme.ucsf.edu

Registration Information: (415) 476-5808 Course Information: (415) 476-4251

#### **GENERAL INFORMATION**

NAME ON CARD (Please Print)

CARD#

Registration for this virtual conference will be available until 12:00 pm on **Friday March 3rd**. Registrants will be given instructions to access the conference platform and the electronic course materials 1 week in advance of the conference. Recordings of the talks will be available for registrants to review on demand for 30 days post-course. All course times are based on Pacific Standard Time Zone.

How to Enroll

Tuition: \$350 Pra

\$350 Practicing Physicians (\$450 if postmarked after 1/31/23)

\$250 Nurses, Other Health Professionals, and Trainees (\$325 after 1/31/23)

\$100 Community Members (no CE/CME credit)

Payment can be made by Visa, MasterCard, AmEx or check.

AUTHORIZED SIGNATURE

Register via:

Please check our website for up-to-date information on the course: cme.ucsf.edu

Online: cme.ucsf.edu

Mail: Complete course registration form

and send with payment to:
UCSF Office of CME • Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

**EXPIRATION DATE** 

Phone: To register by phone or to inquire

about registration status, please call UCSF's CME Registration Office at

(415) 476-5808

**REFUND POLICY** 

Cancellations received in writing before February 28th will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.