



Sample Referral Letter for Regional Center Assessment

Date: 10.01.2013

Patient's Name: John Doe

DOB: February 5, 1979

Medical #: 111111111

Patient Address: 5161 Maple Drive, Your Town, CA

Patient Telephone: (555) 444-3333

Primary Caregiver(s): Lisa Doe (mother)

Primary Caregiver Telephone: (555) 444-3333

Dear Regional Center,

I am referring my patient for an eligibility assessment to the Regional Center.

Reason for referral: John is a Mandarin-speaking adult with a mild intellectual disability. He worked in his family's restaurant until recently when his father died and the restaurant closed. He now needs additional supports and housing.

I have been caring for this patient since: 7/12/2012

My patient may have / is diagnosed with: Autism Cerebral palsy Epilepsy Intellectual disability
 Condition closely related to an intellectual disability or that requires treatment that is similar to that required for individuals with intellectual disability

Age of onset of disability: Birth. John immigrated to the US in 1992 and entered special education in 1994 in the Happy Hollows School District. In China, John was home-tutored by a cousin who was a school teacher.

My patient's disability is expected to continue indefinitely.

My patient has a significant functional limitation in the following areas of major life function:

Areas of Life Function	Examples/Evidence
<input checked="" type="checkbox"/> Capacity for independent living	John does not use public transportation or leave the house independently. He requires assistance with shopping, making appointments, managing his finances, taking his medications. He uses the phone, but does not have good phone etiquette or safety awareness. With prompting can assist with housework.
<input checked="" type="checkbox"/> Economic self-sufficiency	John is a dependent of his parents. He is now unemployed since his father's death. He does not have the skills to secure or maintain a job without supports. He speaks limited English.
<input checked="" type="checkbox"/> Learning	John's parents estimated that his reading is at a 2 nd grade level. He can count with 1:1 correspondence to 40 and does addition and subtraction with single digits. Per his mother, John learns slowly and requires repetition and structure to stay on task.
<input type="checkbox"/> Mobility	
<input type="checkbox"/> Receptive/expressive language	
<input type="checkbox"/> Self care	
<input checked="" type="checkbox"/> Self-direction	John is unable to articulate a plan for himself now that his father has passed. When presented with options, he can make simple choices, but he is not able to understand contracts, negotiate, or make more complex or abstract informed consent decisions.

Enclosed are the following summaries, assessments, notes and documents to support the above:

Medical summary; discharge summary from appendectomy (2008); certificate of completion of high school; copy of last IEP; note from cousin describing learning challenges. Neuropsych assessment and genetic evaluation (pending). John has a large head with a broad forehead. He also has a brother in China and two male first cousins on his mother's side who have intellectual disabilities. History of chronic ear infections. John has obvious caries. Requires additional resources to access dental care.

If you have any questions, please do not hesitate in contacting me.

Sincerely,

R. Friend, MD

Revised: 11.15.13

