



Sample AB88 Request Letter (Clinician)

Date: 10/1/12

Insurance Company: ABC Insurance
Address: 1123 Main Street
City, State, Zip Code: Your Town, California, 91111

Re: Abel Cisneros, Jr. DOB: 7/2/04
MR#: 7777777 Policy #: 5555555 Group #: 3333333

To Whom It May Concern:

This letter is a request for authorization for:

On behalf of my patient, Abel Cisneros, Jr., I am requesting authorization for an applied behavior analysis program that meets the criteria outlined in the recommendations of the multidisciplinary assessment team evaluation dated 6/12/12.

I understand that the Mental Health Parity Law, Health and Safety Code Section 137.72, requires health plans to provide coverage for medically necessary treatment of severe mental illness as applied to other medical conditions.

My patient has been diagnosed with:

- | | |
|--|--|
| <input type="checkbox"/> Anorexia nervosa | <input type="checkbox"/> Panic disorder |
| <input type="checkbox"/> Bipolar disorder (manic-depressive illness) | <input checked="" type="checkbox"/> Pervasive developmental disorder or autism |
| <input type="checkbox"/> Bulimia nervosa | <input type="checkbox"/> Schizoaffective disorder |
| <input type="checkbox"/> Major depressive disorders | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Obsessive-compulsive disorder | <input type="checkbox"/> Other |

This recommendation is based on the following assessments. See enclosed:

- Speech Assessment (9/20/12) by Clifford Lee, SLP/AAC Specialist
- Happy Hills School District Assessment Team (8/12)
- Multidisciplinary assessment from ABC Child Development Center at Happy Hills University (6/12/12)

In addition to the documents listed above, enclosed please find the following documents that support this request:

- | | | |
|---|---|---------------------------------|
| <input checked="" type="checkbox"/> Assessments | <input type="checkbox"/> Copy of most recent IFSP | <input type="checkbox"/> Other: |
| <input checked="" type="checkbox"/> Evaluations | <input checked="" type="checkbox"/> Copy of most recent IEP | |

Sincerely,

R. Friend, MD

Dr. R. Friend

Revised: 12.6.13

